

## Cambridgeshire and Peterborough NHS Foundation Trust

Understanding mental health, understanding people

**PATIENT, TEST (M)** 

Date of birth: 23 November 1983

NHS number: 2

Patient Health Questionnaire-9 (PHQ-9)

Created: 28 November 2013, 23:14 +0000 (patient aged 30)

Completed?	Yes
Total score [1]	6 / 27
PHQ9 depression severity: [2]	mild
Number of symptoms: core [3], other [4], total	<b>1</b> /2, <b>1</b> /7, <b>2</b> /9
PHQ9 major depressive syndrome? [5]	No
PHQ9 other depressive syndrome? [6]	Yes

## Ratings are over the last 2 weeks.

Question	Answer
Little interest or pleasure in doing things	1 — Several days
2. Feeling down, depressed, or hopeless	2 — More than half the days
3. Trouble falling or staying asleep, or sleeping too much	0 — Not at all
4. Feeling tired or having little energy	1 — Several days
5. Poor appetite or overeating	0 — Not at all
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0 — Not at all
7. Trouble concentrating on things, such as reading the newspaper or watching television	2 — More than half the days
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0 — Not at all
9. Thoughts that you would be better off dead or of hurting yourself in some way	0 — Not at all
10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?	1 — Somewhat difficult

<sup>[1]</sup> Sum for questions 1–9. [2] Total score  $\geq$ 20 severe,  $\geq$ 15 moderately severe,  $\geq$ 10 moderate,  $\geq$ 5 mild, <5 none. [3] Number of questions 1–2 rated  $\geq$ 2. [4] Number of questions 3–8 rated  $\geq$ 2, or question 9 rated  $\geq$ 1. [5]  $\geq$ 1 core symptom and  $\geq$ 5 total symptoms (as per DSM-IV-TR page 356). [6]  $\geq$ 1 core symptom and 2–4 total symptoms (as per DSM-IV-TR page 775).

Created on device at: 28 Nov 2013, 23:14:29 +0000. Last modified at: 28 Nov 2013, 23:41:10 +0000. Table: phq9. Task PK on client device: 1. Uploading device ID: ipad, tpi\_7AF0A1DC-E675-4213-A4F6-E730F44577A8 (Rudolf iPad simulator 6.0). Tablet CamCOPS version at upload: 1.02. Uploaded at: 28 Nov 2013, 23:41:42 +0000. Adding user: rudolf. Server PK: 5 (predecessor 4, successor None). Current? Yes. Preserved/erased from tablet? No. Patient server PK used: 8. Information retrieved from https://egret.psychol.cam.ac.uk/camcops\_dev/webview at: 28 Nov 2013, 23:41:53 +0000.